

Professor Jose Guntin
Lesson Plan for CLP1006 Psychology of Personal Effectiveness

Topic: The WIN-WIN Frame: Environmental Sustainability

Objectives: Assist students gain understanding and insight about healthy and successful relationships by practicing conflict resolution skills and analyzing the process.

Learning outcomes: Students will demonstrate knowledge of ethical thinking and its application to issues in society. They will be encouraged to identify potential solutions using critical thinking and scientific reasoning. Lastly, they will have the opportunity to gain insight and understanding about how natural systems function and recognize the interaction between humans and the environment.

Description: Students will be provided with the opportunity to find application to the win-win frame.

1 – The win-win frame will be presented as the most desirable outcome, an outcome based on a foundation of interdependence, where independent individuals work towards a common goal. Working together in this fashion individual output can be greater than the expected sum of their individual contribution.

2 – Students are engaged in class discussion about the benefits of win-win situations as opposed to win-lose situations. Students are encouraged to come up with examples. Sustainable development is presented as a win-win desirable outcome for people in the present and in future generations.

3 – Students are given a homework assignment where they have to write a paper about sustainable development listing 5 articles from the library databases.